



Inflation Rates of Food Subgroups

La Union: 2022 (2018=100)

3.9%
2020

Food Inflation
2.9% ↓
2022

3.7%
2021

Cereals and Cereal Products
2021: -0.5%
2022: 0.2%



Meat and Other Parts of Slaughtered Land Animals
2021: 10.5%
2022: 4.9%



Fish and Other Seafood
2021: -0.6%
2022: 4.4%



Milk, Other Dairy Products, and Eggs
2021: 1.9%
2022: 2.0%



Oil and Fats
2021: 1.7%
2022: 8.4%



Fruits and Nuts
2021: 6.6%
2022: -2.0%



Vegetables, Tubers, Plantains, Cooking Bananas and Pulses
2021: 13.3%
2022: 0.3%



Sugar, Confectionery and Desserts
2021: 1.2%
2022: 23.2%



Ready-Made Food and Other Food Products Not Elsewhere Classified
2021: -1.3%
2022: 2.3%



Data Source: Philippine Statistics Authority | Image Source: flaticon.com, freepik.com, vecteezy.com



<http://rso01.psa.gov.ph/launion>



launion@psa.gov.ph



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