

Inflation Rates of Food Subgroups

La Union : July 2023 (2018=100)

5.9%
June 2023

Food Inflation
4.7% ↓
July 2023

4.3%
July 2022

Cereals and Cereal Products

June 2023
2.9%

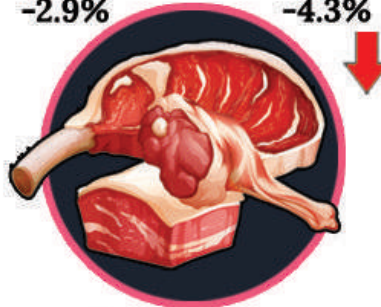
July 2023
2.7%



Meat and Other Parts of Slaughtered Land Animals

June 2023
-2.9%

July 2023
-4.3%



Fish and Other Seafood

June 2023
11.8%

July 2023
6.4%



Milk, Other Dairy Products, and Eggs

June 2023
15.5%

July 2023
11.2%



Oil and Fats

June 2023
7.1%

July 2023
5.1%



Fruits and Nuts

June 2023
-1.2%

July 2023
-1.3%



Vegetables, Tubers, Plantains, Cooking Bananas and Pulses

June 2023
19.7%

July 2023
31.3%



Sugar, Confectionery and Desserts

June 2023
30.3%

July 2023
15.9%



Ready-Made Food and Other Food Products Not Elsewhere Classified

June 2023
3.7%

July 2023
2.3%



Data Source: Philippine Statistics Authority | Image Source: flaticon.com, freepik.com, vecteezy.com