



Inflation Rates of Food Subgroups

La Union : March 2023 (2018=100)

8.8%
February 2023

Food Inflation
8.1% ↓
March 2023

1.1%
March 2022

Cereals and Cereal Products

February 2023
2.8%

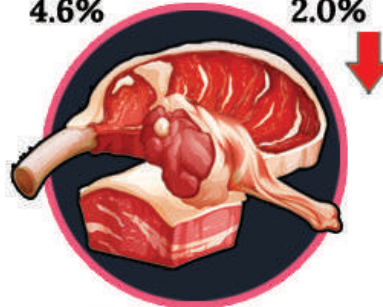
March 2023
3.2%



Meat and Other Parts of Slaughtered Land Animals

February 2023
4.6%

March 2023
2.0%



Fish and Other Seafood

February 2023
5.5%

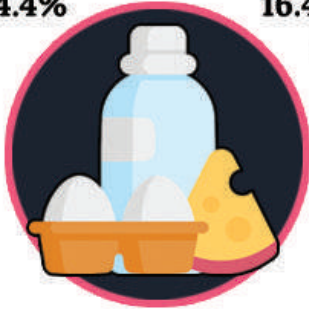
March 2023
11.3%



Milk, Other Dairy Products, and Eggs

February 2023
14.4%

March 2023
16.4%



Oil and Fats

February 2023
15.6%

March 2023
13.8%



Fruits and Nuts

February 2023
9.8%

March 2023
7.1%



Vegetables, Tubers, Plantains, Cooking Bananas and Pulses

February 2023
32.1%

March 2023
19.8%



Sugar, Confectionery and Desserts

February 2023
43.5%

March 2023
36.7%



Ready-Made Food and Other Food Products Not Elsewhere Classified

February 2023
5.9%

March 2023
5.8%



Data Source: Philippine Statistics Authority | Image Source: flaticon.com, freepik.com, vecteezy.com