

# Inflation Rates of Food Subgroups

La Union : March 2024 (2018=100)

**7.3%**  
February 2024

**Food Inflation**  
**8.2%** ↑  
March 2024

**8.1%**  
March 2023

## Cereals and Cereal Products

February 2024	March 2024
26.4%	27.0%



## Meat and Other Parts of Slaughtered Land Animals

February 2024	March 2024
-0.5%	2.0%



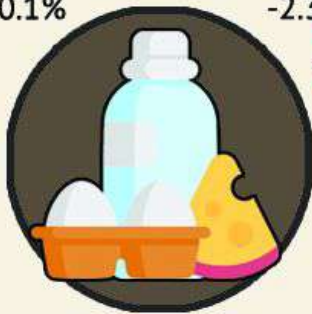
## Fish and Other Seafood

February 2024	March 2024
2.2%	-2.6%



## Milk, Other Dairy Products, and Eggs

February 2024	March 2024
-0.1%	-2.3%



## Oil and Fats

February 2024	March 2024
-2.2%	-4.7%



## Fruits and Nuts

February 2024	March 2024
7.2%	13.2%



## Vegetables, Tubers, Plantains, Cooking Bananas and Pulses

February 2024	March 2024
-5.8%	2.4%



## Sugar, Confectionery and Desserts

February 2024	March 2024
-5.1%	-5.0%



## Ready-Made Food and Other Food Products Not Elsewhere Classified

February 2024	March 2024
1.2%	1.1%



Data Source: Philippine Statistics Authority | Image Source: fiaticon.com, freepik.com, vecteezy.com