



Inflation Rates of Food Subgroups



La Union : November 2023 (2018=100)

8.9%
October 2023

Food Inflation
8.7 ↓
November 2023

4.7%
November 2022

Cereals and Cereal Products

October 2023
13.3%

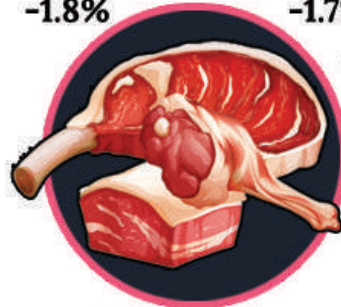
November 2023
19.9%



Meat and Other Parts of Slaughtered Land Animals

October 2023
-1.8%

November 2023
-1.7%



Fish and Other Seafood

October 2023
6.6%

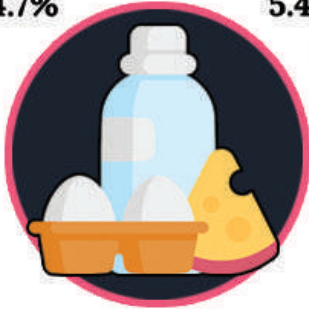
November 2023
7.8%



Milk, Other Dairy Products, and Eggs

October 2023
4.7%

November 2023
5.4%



Oil and Fats

October 2023
2.7%

November 2023
2.4%



Fruits and Nuts

October 2023
8.2%

November 2023
12.5%



Vegetables, Tubers, Plantains, Cooking Bananas and Pulses

October 2023
40.9%

November 2023
11.8%



Sugar, Confectionery and Desserts

October 2023
2.0%

November 2023
-2.6%



Ready-Made Food and Other Food Products Not Elsewhere Classified

October 2023
1.5%

November 2023
1.7%



Data Source: Philippine Statistics Authority | Image Source: flaticon.com, freepik.com, vecteezy.com